

Bears 2009 X-Country Schedule

- September 26 Open **(Being reserved)**
- October 03 Invitational - Pierce College (West Hills)
5 Fwy South to 405 Fwy to 101 Fwy north, exit Winnetka Blvd., turn right to Brahma Dr./ Calvert St., turn left continue on to the football stadium parking lot on left.
- October 10 North Valley Bears – El Cariso Park, Sylmar
- October 18 (Sun) USATF - Mt. SAC (Free Spirit-Walnut)
Take 210 Fwy east 57 Fwy south to City of Walnut, take the Temple St exit, turn right continue on to Bonita Rd. turn Left the cross country course is to the left after the parking lot
- October 24 Open **Village Christian – Site (TBD)**
- October 31 Northridge Pacers – O'Melveny (Granada Hills)-Finals
Take Foothill Blvd. west to Balboa Blvd., turn left, and continue down to Orozco St. turn right to Sesnon.

Friday, November 20th, 6:00 p.m.

Awards Banquet @ Shakeys Pizza Parlor in Sylmar

We will host the Awards Banquet for the athletes on this day starting at 6:00 p.m. Plan on attending this banquet, the Awards Ceremony will start at approximately 6:30 p.m. More details to follow.